ANNUAL REPORT
FY 15

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Community Partners of Sioux County – Overview

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Governing Board:

Marty Guthmiller, President
Kayleen Lee, Vice President
Ardith Lein, Secretary
Jayson Pullman
Glenn Zevenbergen
Ruth Daumer

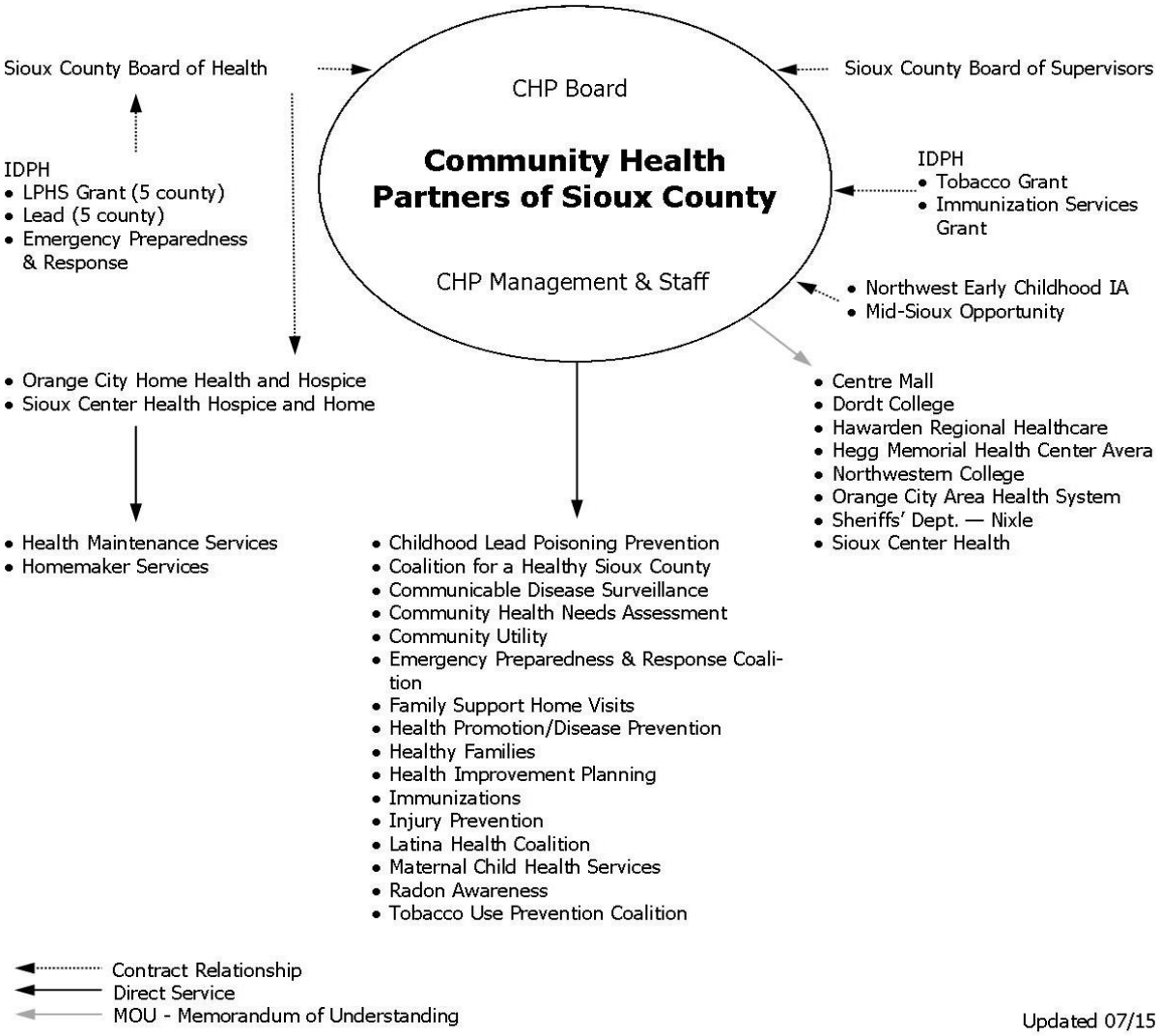
Mission:

Partnering to promote and protect the health of all residents of Sioux County.

Vision:

Healthy Sioux County residents living in communities that support and promote active and healthy lifestyles.

Organizational Chart



Principles and Values

Principles

- CHP supports and advance the principles of public health including health promotion and disease prevention in the context of collaboration, social justice, and trust through the core public health functions of assessment, policy change, and assurance of those things communities need to be healthy.
- CHP communicates openly, respectfully, and honestly, and behave ethically in all relationships with co-workers and those we serve.
- CHP manages resources effectively and responsibly, with accountability.
- CHP encourages innovative thinking and creative approaches to problem solving.
- CHP treats everyone with dignity and respect.

Values

- **Education:** fostering an environment where learning and continued growth and development is possible for all staff.
- **Holistic approach:** supporting approaches that focus on the whole person, the whole family, and the whole community.
- **Inclusiveness:** ensuring active participation in the decision-making process by all those affected.
- **Cultural awareness:** striving for cultural awareness among all staff and partners related to the populations we serve.
- **Partnering:** working with others to enhance effectiveness and to make the best use of resources.

Public Health Core Functions and 10 Essential Services

The following core functions of public health and ten essential services provide the framework for all activities of the Department:

Assessment

- Monitor health status to identify and solve community health problems
- Diagnose and investigate health problems and health hazards in the community
- Evaluate effectiveness, accessibility, and quality of personal and population-based health services

Policy Development

- Develop policies and plans that support individual and community health efforts
- Enforce laws and regulations that protect health and ensure safety
- Research for new insights and innovative solutions to health problems

Assurance

- Link people to needed personal health services and ensure the provision of health care when otherwise unavailable
- Assure competent public and personal health care workforce
- Inform, educate, and empower people about health issues
- Mobilize community partnerships and action to identify and solve health problems

Community Assessment & Planning

Every five years, local boards of health are required to lead a community-wide discussion with stakeholders and residents about their community's health needs. This process is called the **Community Health Needs Assessment and Improvement Plan or CHNA & HIP**. With the implementation of the Affordable Care Act, hospitals are now also required to complete a CHNA & HIP.

CHP obtained a **Community Health Needs Assessment Learning Opportunities** grant through the Iowa Department of Public Health to work with Sioux County's four critical access hospitals on a joint Community Health Needs Assessment (CHNA) to be completed by June 1, 2015

The end result of the collaborative process was a CHNA reflecting the health needs and status of Sioux County and an individualized CHNA for each of the four hospitals' service areas. CHP will facilitate the planning process for creating and implementing a county-wide health improvement plan based on the needs identified in the CHNA.

Community Health Partners will engage in a **strategic planning** process to set our health promotion and disease prevention agenda for the next 3 years based on the completed CHNA/HIP.

Community Health Strategic Priorities

based on 2010 Community Health Needs Assessment & Health Improvement Plan

Active Living and Healthy Eating

- Increase the number of adults who report consuming ≥ 5 fruits and vegetables per day from 16.5% to 25%.
- Increase the duration of exclusive breast feeding at 3 months of age from 18.29% to 44.3% and breastfeeding at all at 6 months from 27.2% to 60.5%.
- Decrease the number of overweight and obese 2-5 year olds in Sioux County from 18.1% to 10%.
- Reduce Sioux County's colon cancer rate (67.75 per 100,000) to the state rate of 54.31 per 100,000.
- Identify 1 additional family or older adult physical activity opportunity in each Sioux County community.

Clinical and Community Preventative Services

- Increase the percentage of Sioux County adolescents aged 13-18 who are up to date on the following immunizations: HepB3, MMR2, Tdap1, MCV1 and Var2 from 3% to 90%.

Elimination of Health Disparities

- Work to ensure that all Sioux County health care providers will provide interpreters, or a minimum, access to the Language Line to patients for who English is not a first language.
- Formulate a plan for accurate, culturally appropriate, and timely communication with sub-populations in Sioux County.

Injury and Violence Free Living

- Increase the children in Sioux County screened for lead poisoning before age 6 from 96.5% to 100%.
- Increase the number of radon test kits sold in Sioux County to 295.
- Increase training opportunities for farm workers.
- Decrease the rate of MVIs in Sioux County from 20.9 per 100,000 to 8 per 100,000.

Mental and Emotional Wellbeing

- Increase public awareness of mental health as a public health issue.
- Decrease the number of Sioux County 11th graders who say they have a suicide plan from 11% to 5%.

Preventing Drug Abuse and Excessive Alcohol Use

- Reduce the number of adults who report binge drinking from 20% to 10% and the number of 11th graders who report binge drinking from 16% to 5%.

Reproductive and Sexual Health

- Increase the knowledge of the general public, particularly Spanish speaking women, about contraception methods and ways of accessing contraception.
- Increase the number of public health (CHP) initiated educational forums where sexual health is discussed from 0 to 4.

Prepare for, Respond to, and Recover from Public Health Emergencies

Emergency Preparedness Program Objectives:

- Review and update the Sioux County Bio-Emergency Response Plan.
- Maintain membership in the **Sioux County Emergency Preparedness Coalition**.
- Participate in trainings, exercises and drills annually with emergency response partners.
- Provide education to community partners in preparing for, responding to, and recovering from public health emergencies.

Performance Measure:

- Community Health Partners will maintain compliancy in training of Community Health Partners staff according to the National Incident Management System guidelines.
  - ✓ **Goal met**
- Community Health Partners will respond within the appropriate time frame to monthly tests of the Iowa Health Alert Network.
  - ✓ **Goal met**
- Community Health Partners will collaborate in all trainings, exercises and drills with the **Sioux County Emergency Preparedness Coalition** and community partners.
  - ✓ **Goal met**

Program Report

- Community Health Partners staff attended monthly meetins of the **Sioux County Emergency Preparedness Coalition** to review and update emergency response plans of member organizations
- Community Health Partners and the **Sioux County Emergency Preparedness Coalition** facilitated trainings and exercises for emergency response partners in northwest Iowa.
- Community Health Partners staff attended local and regional meetings to enhance preparedness and response planning activities

Prevent Epidemics and the Spread of Disease

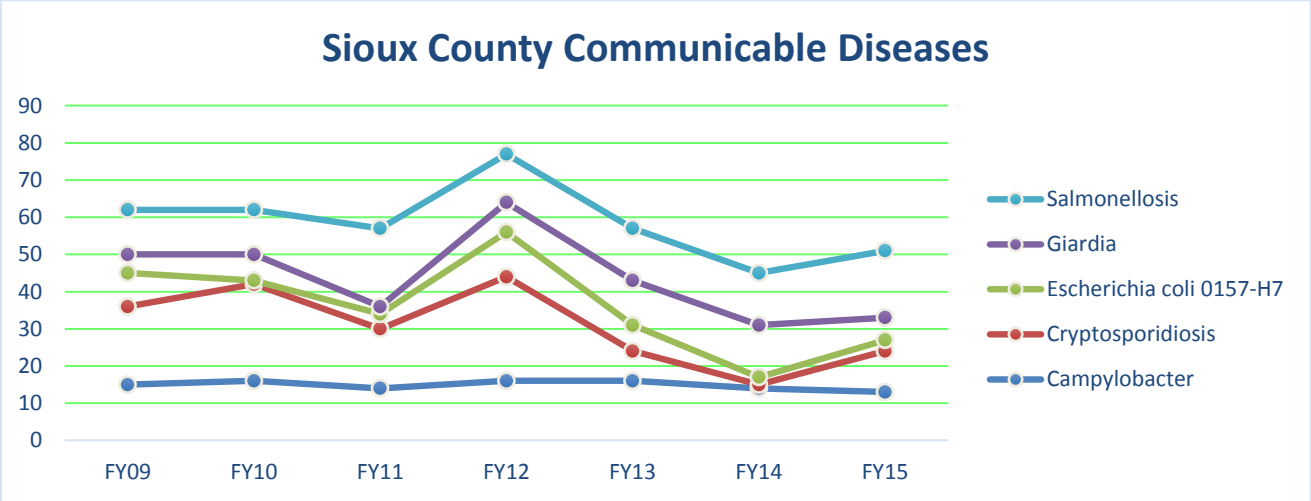
Communicable Disease Prevention
Program Objectives:

- Maintain and implement measures to prevent and control the spread of infectious, communicable, and environmental diseases.
- Complete comprehensive reportable disease and outbreak investigations that incorporate epidemiological, environmental, and laboratory functions by:
    - identifying contacts who may be infected or at risk for infection
    - determining the incidence and prevalence of disease in a specific area
    - educating the public to make informed decisions regarding health and lifestyle

Performance Measure:

- 90% of Communicable Disease Illnesses will be investigated and documented within 10 days.
    - ✓ **Goal met**

Program Report:



Additional reportable communicable diseases for which follow up was conducted in FY 15:

- Hepatitis B – 2 cases
- Malaria – 1 case
- Shigella – 3 cases
- West Nile – 2 cases

Other significant events in FY15:

- Measles
- Ebola
- Highly Pathogenic Avian Influenza H5N2

Immunization Record Audit
Program Objective:

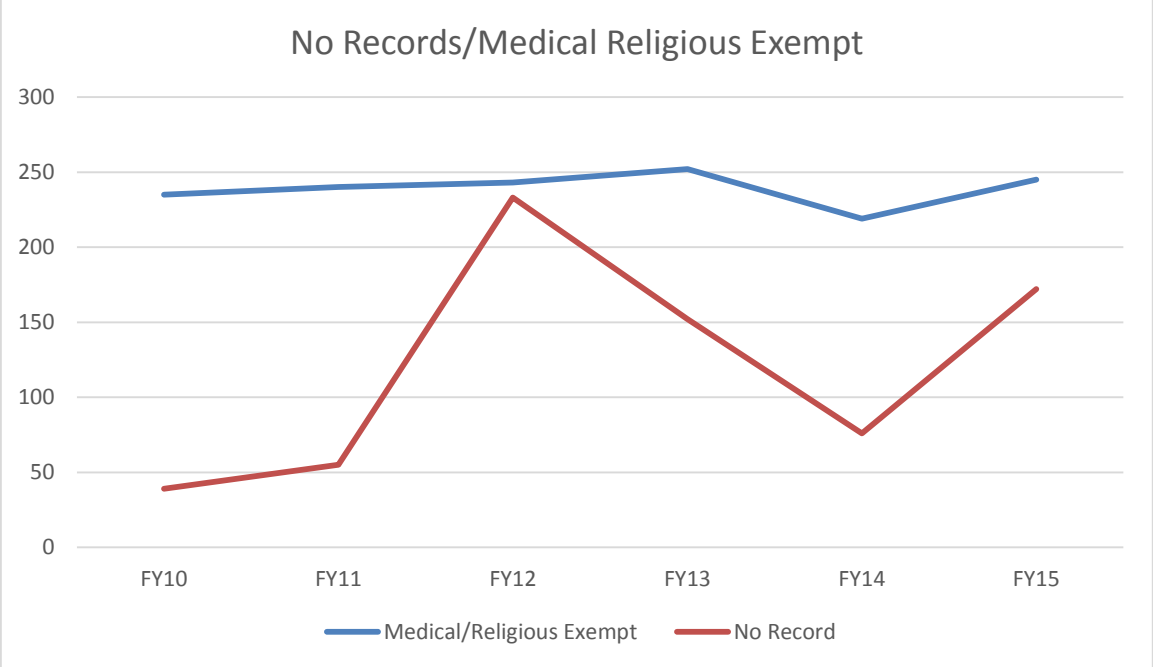
- Ensure that children attending licensed child care centers, elementary, or secondary schools have an appropriate Iowa Department of Public Health Certificate of Immunization, Certificate of Immunization Exemption, or Provisional Certificate of Immunization as outlined in Iowa Code, Chapter 7, on file at the facility they attend.

Performance Measure:

- 100% of immunization records will be audited and reported to the Iowa Department of Public Health within appropriate timeframe.
  - ✓ **Goal met**

Project Report:

Total Records Audited	**FY10**	**FY11**	**FY12**	**FY13**	**FY14**	**FY15**
Schools, Preschools & TK	6852	6824	7011	7056	6971	7699
Licensed Childcare Centers	1036	1109	1140	1291	1271	784
Totals	**7888**	**7933**	**8151**	**8347**	**8242**	**8483**



The national measles outbreak (Disneyland, CA) provoked significant attention to the impact of immunization exemptions. Collaborative efforts are ongoing with medical clinics, schools and licensed daycare facilities in Sioux County to help parents understand and comply with Iowa's Immunization Law.

Immunization
Program Objectives:

- Reduce, prevent, and eliminate vaccine-preventable diseases.
- Increase childhood immunization rates, especially among infants and young children.
- Increase adolescent immunization rates.

Performance Measures:

2010-2015 Community Health Needs Assessment	**Goal**: Increase the percentage of Sioux County adolescents aged 13-18 who are up to date on the following immunizations: HepB3, MMR2, Tdap1, MCV1 and Var2 from 1% to 90%.

- **Current Status: CHP client rate for calendar year 2014 rose to 38%**
  (Sioux County overall rate for calendar year 2014 is 35%)

- The immunization rate in children 24 months of age served by Community Health Partners will continue to reach or exceed the national goal of 90 percent for the 4 DTaP, 3 Polio, 1 MMR, 3 Hib, 3 Hepatitis B, 1 varicella, 4 pneumococcal conjugate vaccine series.
  - ✓ **Goal unmet** – Sioux County rate for calendar year 2014 is 71%
- Vaccine wastage will be no greater than the five percent standard established by the Centers for Disease Control and Prevention.
  - ✓ **Goal met**
- CHP staff will enter information into the Immunization Registry Information System for 95 percent of immunizations administered within 10 calendar days.
  - ✓ **Goal met**
- Increase VFC providers in Sioux County from 2 to 3 by June 30, 2015
  - ✓ **Goal met** – **Sioux County now has 5 providers offering VFC vaccine**, a 6th provider is currently in the process of acquiring VFC approval.

Program Report

Immunizations Given	**FY10**	**FY11**	**FY12**	**FY13**	**FY14**	**FY15**
0-7 year olds	3,320	3,255	*	2,613	2,887	2,174
7 + years olds	2,774	1,241		1,783	2,297	1,395
Flu	2,052	2,102	1,629	1,508	1,586	1,068
Totals	**8,146**	**6,598**	**5,722**	**5,904**	**6,770**	**4,637**

*age breakdown not available
**5423 H1N1 immunizations given FY10

Protect Against Environmental Hazards

Childhood Lead Poisoning Prevention
Program Objectives:

- Prevent childhood lead poisoning
- Reduce the number of Sioux County children, 0-6 years, with elevated blood lead levels
- Reduce children, 0-6 years, exposure to lead in the home

Performance Measures:

2010-2015 Community Health Needs Assessment

Goal: Increase the children in Sioux County screened for lead poisoning before age 6 from 96.5% to 100%

- **Current Status:** For children born in 2007, greater than 100% were screened for lead poisoning before age 6. (Note: % possible exceeds 100 due to change in birth cohort i.e. moving into the county after birth; Source: IDPH Lead Program Data, Iowa Tracking)

- Report to the Sioux County Board of Health annually regarding identification of lead poisoned children and remediation activities in Sioux County.
  - ✓ **Goal Met**
- Distribute county specific data to Boards of Health in the 5 counties in the NW Iowa Lead Poisoning Prevention Coalition within the fiscal year.
  - ✓ **Goal Met**
- Provide a minimum of one community education opportunity on lead poisoning risks and prevention measures.
  - ✓ **Goal Met**
- Test and clear 2 open case homes found to be the sources of childhood lead poisoning
  - ✓ **Goal Met**

Program Report:

	FY11	FY12	FY13	FY14	FY15
Remediated/Cleared Properties	1	9	5	4	6

Radon Awareness
Program Objective:

- Raise awareness of the risks of radon exposure in Sioux County and educate residents of the county on how to reduce exposure.

Performance Measure:

2010-2015 Community Health Needs Assessment

Goal: Increase the number of radon test kits sold in Sioux County to 295

- **Current Status:** Goal met in FY14.
- **Revised Goal:** Provide low cost radon kits for purchase in 100% of city offices in Sioux County.

- Provide a minimum of one community education opportunity annually.
  - ✓ **Goal Met**
- Maintain at least 100% of communities' availability of radon kits in Sioux County.
  - ✓ **Goal Met**

Program Report:

	FY10	FY11	FY12	FY13	FY14	FY15
Kits Distributed	195	411	358	238	312	280

- CHP provided **low cost radon test kits** to 280 Sioux County residents through city offices throughout the county.
- Distributed press release during January, Radon Awareness Month.

Prevent Injury

Program Objectives:

- Monitor data to determine the need for interventions that prevent intentional and unintentional injuries
- Promote strategies to reduce injuries
- Provide leadership in mobilizing community stake holders to join in efforts to prevent intentional and unintentional injuries

Performance Measures:

- 0 cases of child abuse in Healthy Family caseload.

2010-2015 Community Health Needs Assessment

Goal: Decrease the rate of MVIs in Sioux County from 20.9 per 100,000 to 8 per 100,000

- **Current Status:** The rate of MVIs in Sioux County has decreased to 12.74 per 100,000. (Source: 2014 County Health Rankings)

Program Report:

- A CHP staff member serves as the chairperson for the Sioux Planning Council, one of the goals of this coalition is to serve as the Child Abuse Prevention Council for Sioux County

Promote Healthy Behavior

See Individual Program Reports on the following pages.

Health Promotion Program Objectives:

- Promote healthy lifestyles.
- Promote policies and environments that encourage healthy lifestyles.
- Promote strategies that protect the population from preventable conditions.
- Link the public to health promotion and health care services.

Performance Measures:

2010-2015 Community Health Needs Assessment

Goal: Reduce the Sioux County colon cancer rate (67.75 per 100,000) to the state rate of 54.31 per 100,000

- **Current Status:** Sioux County's rate of colon and rectal cancer is 40.11 per 100,000 (age adjusted) compared to thesate rate 46.81 per 100,000 (age adjusted). (Note: not directly comparable to 2010 goal rate; 2015 source 2011 Iowa Cancer Registry)

- **Provide leadership and engage community stakeholders** to support health promotion and disease prevention services by actively participating in collaborative partnerships to address health behaviors.
  - ✓ **Ongoing:**
    - CHP meets with officials and business leaders on a regular basis.
      - In FY 2015, CHP met with Board of Supervisors 4 times, the Board of Health 6 times and hosted an annual joint Board of Health/Board of Supervisors meeting in November.
      - CHP Staff attend chamber of commerce meetings in Hawarden, Hull, Orange City, Rock Valley, and Sioux Center.
    - CHP convenes health coalitions to further health promotion efforts.
      - Latina Health Coalition (report follows)
      - Coalition for a Healthy Sioux County (report follows)
        - Community Coalitions in Hull, Orange City, and Sioux Center meet monthly
      - Northwest Iowa Tobacco Free Coalition (report follows)
    - A CHP staff member currently serves as the chairperson of the Sioux Planning Council, the community representative group for Decategorization and Northwest Early Childhood Iowa efforts in Sioux County.
    - CHP represents public health on the Sioux county Trails Council.

Maintain a directory of minimum PH services

✓ **Ongoing**

- The updated **Community Resource Guide** is maintained on the CHP website and has been shared with community partners.

Complete Community Health Needs Assessment and Health Improvement Plan including measurement of Health Indicators.

✓ **Ongoing**

- In FY 2015, CHP led a collaborative effort with the four hospitals in the county to conduct community health needs assessments. This included convening stakeholder groups and community members in focus group interviews focused on identifying community health needs and assets.

Implement Health Improvement Plan.

✓ **Ongoing**

- Obesity Prevention Efforts

2010-2015 Community Health Needs Assessment

Goal: Decrease the number of overweight and obese 2-5 year olds in Sioux County from 18.1% to 10%

- **Current Status:** The percentage of overweight 2-5 year olds increased to from 18.1% to 19.4% while the percentage of obese 2-5 year olds decreased from 18.1% to 14.4% through 2011. (Source: 2011 PeDNSS Iowa Note: PeDNSS is program based and includes WIC program participants. Data is unavailable beyond 2011).

2010-2015 Community Health Needs Assessment

Goal: Increase the number of adults who report consuming >5 fruits and vegetabels per day from 16.5% to 25%.

- **Current Status:** No data available at county level in 2015.

2010-2015 Community Health Needs Assessment

Goal: Identify at least 1 additional family or older adults physical actvity opportunity in each Sioux County community.

- **Current Status:** See coalition for Healthy Sioux County report - page 22

- Let's Go 5210 Wellmark Grant (see Coalition for a Healthy Sioux County report for details)
- Representative on Sioux County Trails Committee
- Breastfeeding efforts (see Breastfeeding)

- Reproductive Health Efforts

2010-2015 Community Health Needs Assessment

Goal: Increase the knowlege of the general public, particularly Spanish speaking women, about contraception methods and ways of accessing contraception.

- **Current Status:** Latino Health Coalition facilitated a natural family planning work shop.

2010-2015 Community Health Needs Assessment

Goal: Increase the number of public health (CHP) initiated educational forums where sexual health is discussed from 0 to 4.

- **Current Status:** Latino Health Coalition and Sioux Center Health presented a women's reproductive health workshop in Spanish.

- Partnered again with Promise Community Health Center in procuring a Susan G. Komen grant to promote breast cancer awareness, detection, and early treatment in the Latina community.

- Breastfeeding Efforts

2010-2015 Community Health Needs Assessment

Goal: Increase the duration of **exclusive** breastfeeding at 3 months of age from 18.29% to 44.3% and breastfeeding at all at 6 months from 27.2% to 60.5%.

- **Current Status:** Breastfed at 3 months 35.2% and breastfed at 6 months 24.2% (Note that this is not entirely comparable as the source is not the same and 3 months is not exclusive breastfeeding. Source: WIC duration rates for Mid-Sioux Agency wide, includes Sioux County and others)

- *Promoted World Breast Feeding week* August 1-7, 2014.
- Facilitate 1 Peer Support group (*Baby Café*) for breast feeding women. *Baby Café* meets weekly in Orange City.
- Met with local hospital OB administrators to discuss ongoing collaborative breastfeeding initiation and support efforts.
- In-home breastfeeding support provided in English and Spanish.
- Grant application submitted for collaborative county-wide breastfeeding support project.

- Minority and Multicultural Health Efforts

2010-2015 Community Health Needs Assessment

Goal: Work to ensure that all Sioux County healthcare providers will provide interpreters, or at a minimum, access to the Language Line to patients for who English is not a first language.

- **Current Status:** Identified by Sioux County Rural Health Network as a county-wide need to addresss collaboratively.

- CHP adopted the culturally and linguistically appropriate services (CLAS) as standard for care.
- Kim Westerholm represents Region 3 on the Advisory Board for **IDPH's Office of Minority and Multicultural Health (OMMH**). The Board meets quarterly in Des Moines to actively promote and facilitate health equity for Iowa's multi-cultural populations in each region of Iowa.
- CHP serves on the board of **Center for Assistance, Advocacy and Service (CASA**), a local group promoting healthy, diverse communities through empowerment, education and advocacy.
- CHP staff facilitates the **Latina Health Coalition**.

2010-2015 Community Health Needs Assessment

Goal: Formulate a plan for accurate, culturally appropriate, and timely communication with sub-populations in Sioux County.

- **Current Status:** Sioux County Emergency Preparedness Coalition developed communication plan to reach at risk populations within Sioux County. Communication plan and contact information shared with EMA and four hospitals in Sioux County.

- Mental Health and Wellbeing Efforts

2010-2015 Community Health Needs Assessment

Goal: Increase public awareness of mental health as a public issue.

- **Current Status:** Identified by the Sioux County Rural Health Network as a county-wide need to address collaboratively.

2010-2015 Community Health Needs Assessment

Goal: Decrease the number of Sioux County 11th graders who say they have a suicide plan from 11% to 5%.

- **Current Status:** The percentage of Sioux County 11th graders who have a suicide plan has increased to 12%. (Source: 2012 Iowa Youth Survey)

- Collaborated with the Sioux Planning Council to publicize a Youth Mental Health First Aid training help in Sioux County. Six CHP staff members attended the training.

2010-2015 Community Health Needs Assessment

Goal: Reduce the number of adults who report binge drinking from 20% to 10% and the number of 11th graders who reoprt binge drinking from 16% to 5%.

- **Current Status:** The number of adults who report binge drinking has decreased from 20% to 11.6%. The number of 11th graders who report binge drinking has decreased from 16% to 9%. (Source: Adult rate from CHSI 2015; youth rate from 2012 Iowa Youth Survey)

Coalition for a Healthy Sioux County & Latina Health Coalition Objectives:

- Identify health priorities in Sioux County
- Encourage active and healthy lifestyles
- Remove barriers to health care and healthy lifestyles
- Work with policy makers to implement policies that promote healthy environments and lifestyles

Coalition for a Health Sioux County

Performance Measures:

- Increase awareness of the Let's Go Campaign
  - ✓ **Goal Met: 93% of respondents to community survey were familiar with 5-2-1-0.**
- Increase coalition capacity
  - ✓ **Goal Met**

Program Report:

- Each Storywalk ® project includes Let's Go 5-2-1-0 branding and an activity message on each story page sign. Books are in both English and Spanish. Storywalk ® projects reached more than 500 kids in the following communities:
  - Orange City
  - Hawarden
  - Ireton
  - Sioux Center
  - Hull
  - Rock Valley

- 5-2-1-0 summer programs in Hull, Orange City, and Sioux Center motivated kids to adopt healthy habits: 5 or more fruits and vegetables, 2 hours or less screen time, 1 hour or more physical activity, 0 sugary drinks. Participant comments included the following:

  - "I think EVERYONE (even the 4 non-participating members) became more aware of getting in 5 fruits and vegetables, not just turning on a TV or computer because they are there, etc."
  - It got us talking about being healthy"
  - We thought more about what we were eating and scheduled in something that was active for each day"

Latina Health Coalition

Performance Measures:

- Meet monthly to establish coalition membership
  - ✓ **Goal Met**
- Collaborate with other health entities to implement at least 2 health related projects
  - ✓ **Goal Met (see below)**

Program Report:

Health related projects (and partners) included:

- Diabetes screening and education (Sioux Center Health/Center Fresh Egg/Sioux Center Kiwanis)
- Age appropriate growth and development of infants and toddlers (Area Education Agency)
- Breast and Reproductive Health (Promise Community Health Center)
- Women's Reproductive Health (Sioux Center Health)
- Community Health Needs Assessment focus group (Community Health Partners)
- First Aid for parents (Northwestern College)
- "Ingles para Escuela" (Sioux Center Library/Community Health Partners)
- "Caminata" (community walk)/5210
- Celebration of Day of the Children (Sioux Center Public Library)

Tobacco Use Prevention

Program Objectives:

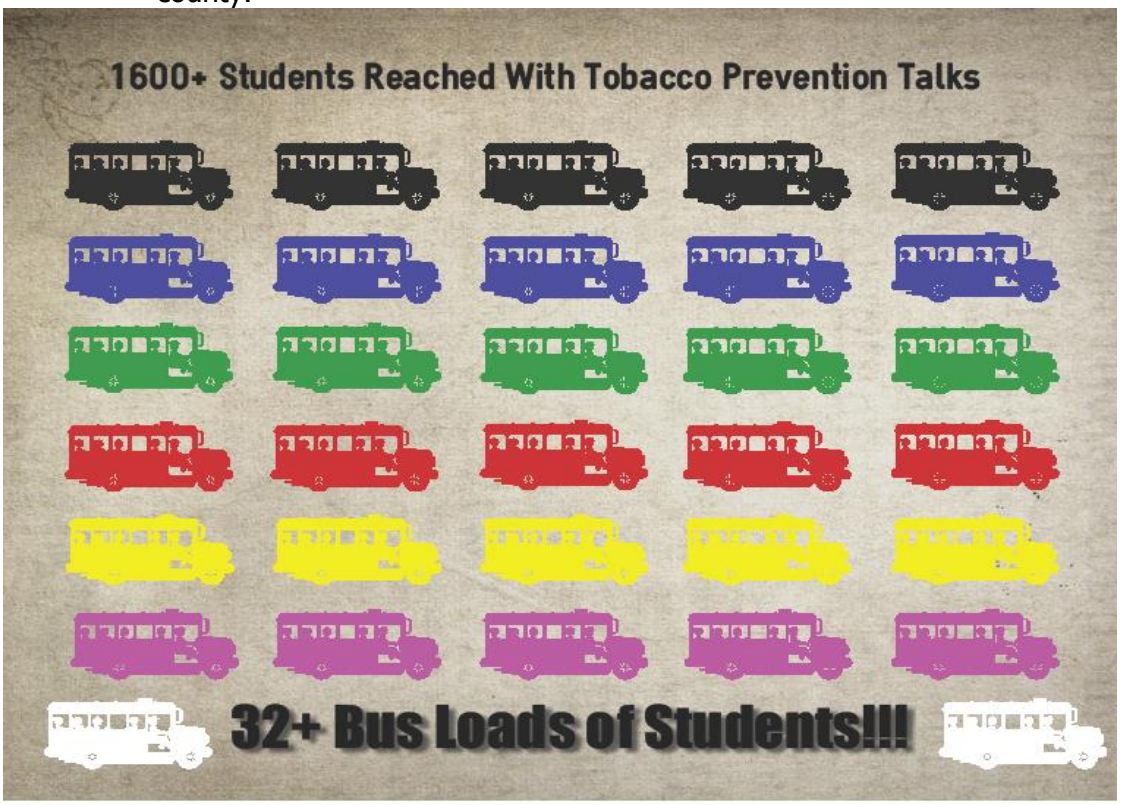
- Prevent youth from starting tobacco use
- Promote cessation of tobacco use by adults and youth
- Reduce exposure to second hand smoke
- Establish and maintain a tobacco control community coalition
    - CHP Staff continues to provide tobacco prevention services for the five counties in the Northwest Iowa Tobacco Free Coalition. The Northwest Iowa Tobacco Free Coalition (NWITFC) is a community partnership that provides tobacco use prevention and education services in O'Brien, Osceola, Lyon, Plymouth, and Sioux Counties.

Performance Measures:

- Minimum of 40 Youth Groups to be educated in service area by June 30, 2015.
    - ✓ **Goal Met:** 75 Youth Groups were educated, equaling over 1600 students.

- Present to worksites/business professionals on TF/NF wellness policy by June 30, 2015.
    - ✓ **Goal Met:** Business owners and employees in service area educated on the importance of TF/NF policy. Pizza Ranch Corporate updated to TF/NF policy.

- Participate in health fairs or host information booth on cessation & referral services for quitting tobacco.
    - ✓ **Goal Met:** NWITFC was present in at least one health fair or business expo in each county.



Program Report:

- **Provided Quitline information and cessation info to:**
  - Emergency Rooms in Sioux Center, Orange City, Le Mars, Sheldon and Rock Valley, Sioux County Public Health, Osceola County Public Health, O'Brien County Public Health, Plymouth County Public Health and at the Sioux County and O'Brien County courthouses.
  - Joiner & Zwart Dentistry, Orange City Dentistry, Murphy Family Dentistry, Rock Rapids
  - Plymouth & Sioux County residents through KLEM radio spots.

- **Promoted Youth Tobacco Use Prevention by:**
  - Inviting area schools to participate in I-STEP, the statewide youth prevention program.
  - ISU Extension STEM Fest hands on tobacco prevention demonstrations.
  - Presenting to participants at Rock Valley Summer Enrichment.

- **Reduced exposure to second hand smoke by:**
  - Working to implement adoption of tobacco free / nicotine free policies.

Healthy Families Program
A nationally accredited home visitation program serving at-risk pregnant women and families with young children using a long-term intensive visit pattern to establish trusting relationships as the foundation for successful parenting and happy healthy homes.

Program Goals:

- Safe and healthy children
- Empowered parents
- Emotionally attached children and parents
- School-ready children

The Healthy Families Program is:

- Research-based
- Culturally responsive
- Strengths-based
- Voluntary

Referrals sources:

- community agencies
- medical clinics
- current participants
- schools
- churches

Performance Measures:

- Fewer than 5% of families will be discharged for reasons other than goals met
  - ✓ **Goal Met**
- 0 founded cases of child abuse
  - ✓ **Goal Met**
- 90% of children who complete the program will be enrolled in either preschool or kindergarten
  - ✓ **Goal Met**
- Maintain National accreditation
  - ✓ **Goal Met**

Program Report:

	FY10	FY11	FY12	FY13	FY14	FY15
Families Served	115	97	83	72	71	96
Home Visits Made	1541*	1451*	1261*	1129*	1133*	1272

***Maximum visits that funding allowed**

Maternal/Child Health/WIC

Program Objectives:
CHP provides nursing staff at the 4 Sioux County WIC Clinics to provide the **Maternal Child Health** program for Mid-Sioux Opportunity. The nurses see women twice prenatally at the WIC visits and make a follow-up home visit post-partum.

	FY06	FY07	FY08	FY09	FY10	FY11	FY12	FY13	FY14	FY15
Visits	205	139	157	210	254	280	266	295	221	173

Ensure the Quality and Accessibility of Services

CHP uses performance measures and standards to improve the public's health by:

- establishing performance targets and goals
- prioritizing and allocate resources
- informing policy makers about needed adjustments or changes in policy or program directions to meet goals
- framing reports on success in meeting performance goals
- improving the quality of public health practice.

CHP leadership and staff are committed to a culture of continued quality improvement, systematically evaluating and improving the quality of programs, processes, and services to achieve a high level of efficiency, effectiveness, and customer satisfaction.

SIOUX COUNTY CHP Community Health Partners

Issue 31 | *A Publication of Community Health Partners of Sioux County* | October 2014

Public Health's Evolution

Local public health departments are adapting and evolving as we are strive to take advantage of new opportunities within the changing health care system. Public health practitioners need to develop and hone new practices and skills to address illnesses and death caused by chronic disease, the changing demographics of our county, changes in access to clinical care through the Affordable Care Act, and to focus on working collaboratively to address disease prevention and to promote healthy lifestyles.

The Public Health Leadership Foundation, with funding from the Robert Wood Johnson Foundation, has distilled the most important new skills and activities of the evolving public health department into 6 key practices.

CHP is directing efforts to strategically address these key 6 practices as noted in the 2 examples which follow.

**Collaboration with a broad array of allies and clinical partners.* CHP lives out its mission ("Partnering to promote and protect the health of all residents of Sioux County through advocacy, prevention, and education") and vision ("Healthy Sioux County residents living in communities that support and promote active and healthy lifestyles") daily as we facilitate the Coalition for a Healthy Sioux County and its community level coalitions. We have collaborated with health care providers to strategize ways to address breast feeding and labor and delivery education needs. We are partners in a rural health network that allows us to collaboratively address childhood obesity county-wide and to work with our 4 local hospitals on a county-wide (and community specific) Community Health Needs assessment (CHNA).

**Identify, analyze and distribute information from new big and real time data sources.* CHP is taking the lead in identifying health indicators at the county and community level, as well as identifying and analyzing secondary data in anticipation our CHNA. We will be partnering with hospitals and key community stakeholders leading focus groups to gather community data. As part of the collaborative CHNA process, CHP will take the lead in analyzing, prioritizing, and distributing the data so that Health Improvement Plans can be created and implemented.

CHNA Workshop

As part of our CHNA Learning Opportunity grant, CHP facilitated a Community Benefits workshop on July 9 for our hospital partners. The workshop featured Patsy Matheny, a nationally known Community Benefits consultant, and Teresa Miller, Market Intelligence Strategist at Avera. The workshop helped set the stage for our upcoming collaborative Community Health Needs Assessment.

We are currently working with our hospital partners to identify hospital and community indicators as we begin the data collection phase of the project. *(PH Standard: Community Assessment)*

Labor & Delivery/Breastfeeding

CHP facilitated a meeting with hospital OB nurse managers and breast feeding support staff to discuss how to collaboratively ensure mothers who deliver in local hospitals receive labor and delivery teaching and breast feeding support in a culturally and linguistically appropriate manner. We identified specific needs within the Spanish speaking community. We have submitted a grant application for a collaborative project to address these needs.

(PH Standard: Promote Healthy Behaviors)

World Breastfeeding Week

CHP observed World Breast Feeding Week (August 1-7) with a variety of activities. We aired a PSA touting the benefits of breastfeeding in Spanish and English on KSOU radio: http://www.siouxcountychp.org/Press-Releases-Newsletters/PSAs.

Our breastfeeding peer support groups participated in the "Big Latch On", an annual world-wide event encouraging breastfeeding mothers everywhere to nurse their babies at 10:30 a.m. their time to promote and normalize breastfeeding. The Old Factory Coffee Shop in Orange City, a designated Breastfeeding Friendly Business, hosted CHP's airing of the breastfeeding documentary "The Milky Way." For more information on breastfeeding support or a peer support group, please contact Niki Kredit or Kelly Reyes by calling 712-737-2971 or emailing niki.kredit@siouxcountychp.org or kelly.reyes@siouxcountychp.org. (*PH Standard: Promote Healthy Behaviors)*

Healthy Sioux County Coalitions

5210 LET'S GO! Sioux County

CHP participated in two health promotion events to further the reach of the successful summer 5210 Let's Go program. We had a booth at Promise CHC's back to school event and one at the OCAHS's Family Safety event. The 5210 message (5 fruits & vegetables per day/2 hours or less of screen time/1 hour of physical activity/0 sugary drinks) has also been shared in a local classroom. The 5210 efforts are funded through a Wellmark Small Communities grant and are being implemented through the Community Coalitions for a Healthy Sioux County.

StoryWalk®

CHP is working through the Hawarden/Ireton community coalitions and with a graduate student to pilot a StoryWalk project in their communities. StoryWalk® combines the benefits of physical activity, time outdoors, literacy, and family time. Pages of a book are transformed into signs that are posted along a trail inviting families, children, caregivers, teachers and others to follow the path of pages. The book is bilingual and titled Matt the Rat Fights Back. The Kickoff events in Ireton and Hawarden are on Thursday, October 16.

For more information on 5210, the StoryWalk, or Coalition for a Healthy Sioux County, please contact Angela Kroeze Visser by calling 712-737-2971 or emailing angela.kroezevisser@siouxcountychp.org. (*PH Standard: Promote Healthy Behaviors)*

Latina Health Coalition

The Latina Health Coalition (LHC) facilitated a back to school event with Kinsey Elementary and the Sioux Center Library. The LHC principal and staff from Kinsey held a morning and evening meeting with Spanish speaking parents to brainstorm about how to ensure information is communicated effectively between school and home and about how parents and the school can help their children excel in school. Several ideas emerged from the meetings. Kinsey has hired a fulltime Spanish speaking person in their front office to assist families and students.

The LHC provided school supplies to students purchased with money from a fundraiser.

(PH Standard: Promote Healthy Behaviors)

Healthy Choice, Easy Choice

CHP staff have the option of using stability ball chairs at their desks. Several staff members have chosen to use a standing desk for computer work. By actively encouraging and modeling healthy habits, leaders can affect positive health changes in an organization.

Make the healthy choice an easy choice!

(PH Standard: Promote Healthy Behaviors)

Tobacco

The Northwest Iowa Tobacco Free Coalition (NWITFC) sponsored a booth at the Sioux County Youth Fair. They also participated in Orange City Area Health System's Family Safety Fair. Shay Davis and Teri Bos, the NWITFC educators, attended the Iowa Tobacco Control Conference in Des Moines on 9/17-18. They learned about the new grant requirements and networked with tobacco prevention experts from across the state.

(PH Standard: Promote Healthy Behaviors)

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Community Health Partners
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Orange City, IA 51041

SIOUX COUNTY CHP Community Health Partners

Issue 32 | *A Publication of Community Health Partners of Sioux County* | December 2014

Happy 2015

Community Health Partners looks ahead to 2015 as a time of embracing the new opportunities and challenges that will arise as the work and responsibilities of local public health agencies continue to evolve. In the midst of change, we remain true to public health's core mission of reducing the leading causes of preventable death and disability, with a special emphasis on underserved populations and health disparities.

National demographic trends are mirrored in the shifting make-up of our local communities as our population ages and as racial and ethnic diversity increases. Public Health will focus on the needs of our fastest growing populations. We will develop new strategies that address their needs as we broaden our scope and collaborate with community partners to effectively and efficiently work to prevent disease and confront and reduce health disparities.

We look forward to partnering to promote and protect the health of all residents of Sioux County in 2015!

Pictured left to right: Teri Bos, Sarah Van Wyk, Jessica Diaz, Shay Davis, Debi Bishop, Jackie Covey, Robin Van Zandbergen, Kim Westerholm, Angela Kroeze-Visser, Niki Kredit, Cheryl Hiemstra, Deb Vander Plas and Kelly Reyes.

Staff news

CHP bade farewell to Hannah Nykamp, Administrative Assistant, as she moved to Kansas where she and her husband will pursue new careers. Community Health Partners welcomes Debi Bishop as our new full-time Administrative Assistant. Debi brings many years of administrative expertise to our office, as well as a helpful and cheerful spirit.

Veteran's Day

CHP provided blood pressure screenings at Orange City's annual Veteran's Day breakfast. We had the opportunity to do cardio-vascular health teaching to many of the 60 people who were screened for hypertension. *(PH Standard: Promote Healthy Behaviors)*

Healthy Families

Kelly Reyes, Niki Kredit and Kim Westerholm completed the week-long ***Parent Survey for Community Outreach*** training in Sioux City. They will now be responsible for all intake and screening of potential Healthy Families referrals in Sioux County. Completion and implementation of this training will help ensure adherence to the HFA standards for accreditation.

Kim Westerholm successfully completed ***Strengthening Family Support Through Supervision***, a blended on-site/on-line course through the University of Iowa. Healthy Families standards require intensive supervision and support of staff as they work closely with families in difficult situations. *(PH Standard: Administration, Workforce)*

BOH/BOS Joint Meeting

The Sioux County Board of Health and Board of Supervisors met on November 26th for their annual joint meeting. CHP presented our Annual Report, and Martin Guthmiller, president of the CHP Board of Directors, presented the 2014 fiscal report. The joint meeting is a good opportunity to publically discuss community health needs and public health's goals and vision as we move forward. *(PH Standard: Goverance)*

Healthy Sioux County Coalitions

5210 LET'S GO! Sioux County

Community members in Orange City and Rock Valley participated in the state-wide Healthiest State Walk on October 8. Coalition members promoted the 5210 theme during the walk.

The Orange City and Sioux Center Community groups are planning a ***5210 Family Challenge*** in January. Families may participate via Facebook or Email in weekly 5210-based family-focused health challenges. Some of the weekly challenges include: trying one new vegetable, eating 4 meals a week at home together, and doing a physical activity once a week as a family.

StoryWalk®

The Hawarden and Ireton Community Coalitions launched Story Walk projects on 10/16 in both communities. The Coalitions' Story Walk projects are a continuation of the Wellmark Foundation Small Community Grant funded 5210 project. Story Walk posts pages of a book along a walking route to encourage both physical activity and literacy. Elementary school teachers and students, elected officials, and interested community members participated in the events in both towns. 3 other Sioux County communities plan to launch Story Walk projects in the spring. CHP will house a lending library of bilingual books for communities to use on the walking routes.

For more information on 5210, the StoryWalk, or Coalition for a Healthy Sioux County, please contact Angela Kroeze Visser by calling 712-737-2971 or emailing angela.kroezevisser@siouxcountychp.org. *(PH Standard: Promote Healthy Behaviors)*

Latino Health Coalition

The Latino Health Coalition (LHC) partnered with Sioux Center Health to provide basic anatomy and physiology sessions in Spanish for coalition and community members. The session on reproductive health was facilitated by Jeanne Kleinhesselink, DNP, and was very well-attended. Providing reproductive health information to immigrant women helps to meet goals of our 2011-2015 Health Improvement Plan.

Members of the LHC travelled to Storm Lake to join with the Buena Vista County Coalition for a Region 3 *Building/ Sustaining Multi-cultural Coalitions Workshop* facilitated by UNI professor Dr. Mark Grey. Both coalitions are at critical junctures as they make plans to address health concerns within their immigrant communities. *(PH Standard: Promote Healthy Behaviors, Community Assessment & Planning)*

Tobacco

Shay Davis and Teri Bos, CHP's tobacco prevention advocates, have been making presentations in middle and high schools throughout the 5 county Northwest Iowa Tobacco Free Coailtion (NWITFC) region. As of December they have presented to 669 students. They have also made tobacco prevention presentations to the cub scouts, the boy scouts, a youth football league, and at the Sioux County Fair.

The NWITFC is also focusing their efforts on recruiting businesses to declare themselves nicotine-free. *(PH Standard: Promote Healthy Behaviors)*

Healthy Choice/Easy Choice

Orange City Area Health System's cafeteria recently started listing the calorie counts for each food item served. Employees and guests have used this to help make better (and quick) choices at meal times. They have also started putting out a display case of healthy snacks that employees can purchase on breaks: things like 100 calorie snack packs, fresh fruit, and fruit cups in their own juice. Olivia Chapman, RN;BSN Diabetes Educator says, "Now it is just as easy for employees to grab a healthier option for break time, rather than something from the cake/dessert display. Our water and crystal lite drinks are always free to all as well!" *(PH Standard: Promote Healthy Behaviors)*

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SIOUX COUNTY CHP Community Health Partners

Issue 33 | *A Publication of Community Health Partners of Sioux County* | March 2015

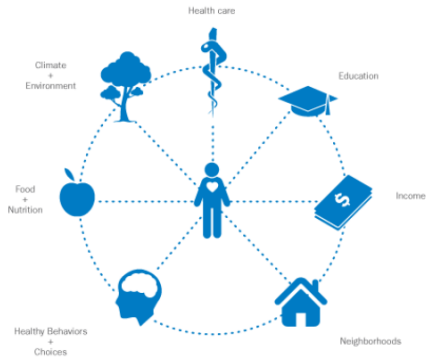
Public Health is all around us

National Public Health Week, April 6- 10, provides an opportunity to think about how public health saves money, improves our quality of life, helps children thrive and reduces human suffering. Community Health Partners, as the Public Health provider in Sioux County, partners with all sectors of the community to promote and protect the health of people and the communities where they live, learn, work and play.

While a doctor primarily treats people who are sick, public health professionals work to prevent people from getting sick in the first place. We promote wellness by encouraging healthy behaviors and making the healthy choice the easy choice for everyone.

Community Health Partners works to assure conditions in which people can be healthy. This can mean educating people about the risks of tobacco, developing programs to ensure kids have access to healthy food, vaccinating children and adults to prevent the spread of disease, and helping families raise safe, healthy and school-ready children. Public health tracks disease outbreaks, works to prevent injuries, to ensure adequate opportunities for physical activity, and examines why some of us are more likely to suffer from poor health than others.

Social, environmental and individual factors influence our health as well as the opportunity to make healthy choices.



According to the National Public Health Association every $1 invested in:

- Biking and walking opportunities, can return benefits up to $11.80.
- Fluoridated water can save $40 in dental care.
- Childhood immunizations can save 9.9 million dollars in direct health costs
- Early education and high quality child care yields $6 in future costs.

Public health happens where we live, work, learn and play!

Tobacco

Shay Davis, NWITFC Coordinator, and Teri Bos, CHP RN, have been traveling to area schools educating students on the health effects of tobacco and nicotine. They partnered with ISU Extension and Dordt College at their STEM event, with sessions entitled "BLT (Bacon, Lungs, Tobacco)." The session highlighted the effects of tobacco smoke on the lungs. During the session, the students were able to calculate their lung capacity through a water displacement activity, and were also able to touch and observe two actual pig lungs being inflated – one healthy lung and one lung that had been exposed to tobacco smoke. Shay has also been traveling to area business expos and farm/home shows with the NWITFC booth. Additionally, the NWITFC has been working to raise awareness and educate area businesses, schools, and healthcare facilities on the facts about e-cigarettes, as well as the need to revisit/update existing tobacco-free policies to address e-cigarette use.

Healthy Families

Research indicates that under-resourced and stressed pregnant women and families with young children benefit from long-term in-home parenting support and education. The Healthy Families program provides nationally accredited in-home services to 60 families in Sioux County, with the goals of safe and healthy babies and children, empowered parents, and school-ready children. For more information about the Healthy Families program, contact Kim Westerholm at kim.westerholm@siouxcountychp.org

Healthy Sioux County Coalitions

4 communities in Sioux County have plans to launch Storywalk this spring through their Community Health Coalitions. Hull, Orange City, Rock Valley, and Sioux Center will initiate their first Storywalks, while Hawarden and Ireton will each post a new book along their existing walking routes. Storywalk blends physical activity with literacy as children and parents read books posted along a walking route. **5210** activities are posted along with the book pages to further encourage healthy eating, physical activity, and limiting screen time. CHP houses a lending library of bilingual books for communities to use.

For more information on 5210, the StoryWalk, or Coalition for a Healthy Sioux County, please contact Angela Kroeze Visser by calling 712-737-2971 or emailing letsgo@siouxcountychp.org.

Minority and Multicultural Health

Governor Branstad signed a proclamation declaring April Minority Health Month in Iowa. "The focus of this month is not to concentrate on the disparities that remain between racial, minority and ethnic populations, but to celebrate the advances that have been made," said IDPH Office of Minority and Multicultural Health Executive Director Janice Edmunds-Wells. In 2006, then-Governor Tom Vilsack established the IDPH Office of Minority and Multicultural Health (OMMH) to actively promote and facilitate health equity for Iowa's multicultural communities. The focus of the office is to assure that an appropriate, and effective infrastructure exists to address the health care needs of minorities, migrants, immigrants, refugees, and their families. Iowa was the 44th state to establish such an office. More recently, in 2011, legislative action mandated data collection of chronic disease in multicultural groups of racial and ethnic diversity in Iowa. A 15-member advisory council with representatives from the six local public health service regions works with the OMMH to influence and improve the health and eliminate health disparities of Iowa's minority and multicultural populations. Kim Westerholm from CHP serves on the OMMH advisory council.

Community Health Needs Assessment (CHNA)

CHP, in conjunction with the 4 hospitals in Sioux County, has been conducting county and community-level focus groups in Sioux County communities during the past 3 months. Participants included community members and service providers. We are gathering data about how target groups view their community's health and wellness assets and what they perceive as health needs within their communities. The data is being analyzed, and common themes are being identified. The community groups' data will be used with statistical data to create a community-specific health needs assessment for each hospital as well as a county-wide assessment for CHP. The assessment data will be used by all entities for strategic health planning for the next 3-5 years.

Latino Health Coalition

The Latino Health Coalition celebrated its 4th anniversary in January. The group engaged in strategic planning for health events for the upcoming year. In April, the LHC will partner with Sioux Center Health Avera to do diabetes screening and education in the community and at a local worksite.

CHP and the LHC partnered with Promise CHC to present a workshop focusing on breast and reproductive health.

The workshop was made possible through Promise's Susan G. Koeman grant funding.

Emergency Preparedness

CHP continues to facilitate the county-wide emergency preparedness activities. A tabletop exercise was held to test the new Sioux County Mass Casualty plan. CHP also participated in a weekend-long Incident Command training. Participants included Hawarden Regional Health, Hegg Memorial, Orange City Area Health System, and Sioux Center Health, as well as County EMS, and Fire personnel.

Breast feeding

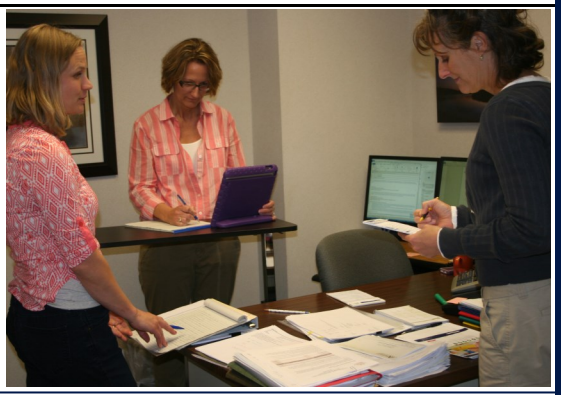
Niki Kredit and Kelly Reyes both completed training and exams to maintain their certification as lactation consultants. They continue to provide in-home breast feeding support for lactating women. They also facilitate breastfeeding peer support groups in Sioux County.

Immunization

The Vaccine for Children (VFC) Program is a federally funded program providing vaccines at no charge to eligible children from birth through 18 years of age. CHP is working with medical clinics in Sioux County that want to become VFC providers. Sioux County now has four VFC providers (Community Health Partners, Hull Medical Clinic, Promise Community Health Center, and Sioux Center Medical Clinic). The VFC program has helped raise immunization coverage rates and reduced disparities by making it more convenient for parents to keep their children up-to-date with recommended vaccines.

Standing Meeting

The average adult spends nearly 8 hours each day sitting. CHP is combatting "sitting disease" by designating our weekly Wednesday planning meeting a "standing meeting". Meeting participants stand, or during nice weather, walk while conducting business.



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SIOUX COUNTY CHP Community Health Partners

Issue 34 | *The Public Health Agency for Sioux County* | June 2015

Care Coordination Conference

Angela Kroeze Visser, MPH, Community Health Promotion and Disease Prevention Coordinator, and Kim Westerholm, BSN, MA, Director of Children and Family Services as well as representatives from local hospitals attended the Iowa Health Care Collaborative (IHCC) Care Coordination Conference in Des Moines on June 3. The conference was one of a series of opportunities provided by the IHCC for health care professionals from acute and public health care arenas to gather together to envision partnerships and collaboration during this transitional and transformational period in the health care environment.

The emerging future of health care is predicated on the Triple Aim of: increased population health, excellent health care experience, and lower per capita cost. Health care professionals will need to think and act collaboratively to effectively create a health care system that meets these goals.

One of the conference presenters, Clem Bezold, Ph.D., Chairman of the Institute for Alternative Futures, engages in structured thinking about "what might be"—plausible futures, trends, forecasts and scenarios. He encourages people to think about "preferred futures" with enhanced vision and "audacious goals" that contribute to creating the future we prefer. Bezold believes that meeting the goals of the Triple Aim "requires going beyond the clinic to shape community conditions," in effect, addressing health care from a preventive and population-focused perspective. He suggested the following for hospitals, primary care providers and public health professionals to consider as we work together to transform population health:

- Move from patient centered to community care centered care paradigms
- Build a social determinants of health focus into clinical care routines, including the electronic medical record
- Use the Community Health Needs Assessment (CHNA) to identify needs, assets, and community priorities
- Keep health equity in the forefront of programming
- Engage the local public health department and recognize them as the "health development agency" or "Chief Health Strategist" for the community
- Be prepared to optimize challenges and perceived obstacles in the pursuit of the health future we envision for Sioux County.

Sioux County is well-positioned to address the challenges of the emerging focus on preventative and population health. Community Health Partners and the 4 Sioux County hospitals have formed a rural health network committed to collaboratively addressing and transforming health and wellness county-wide.

Coalition for a Healthy Sioux County

This summer, the Coalition for a Healthy Sioux County community groups in Hull, Orange City and Sioux Center have again offered a summer program for kids to encourage daily healthy habits of 5 Fruits and Vegetables, 2 Hours or less screen time, 1 hour or more physical activity and 0 sugary drinks. Programs were varied from tracking daily activities for prizes to pool Olympics and building a mural. To keep up with the latest activities, visit www.facebook.com/letsgosiouxcounty. In addition to the summer programs, the coalition groups worked to develop Storywalk® events in Rock Valley, Hawarden, Ireton, Sioux Center, Orange City and Hull. The groups are planning additional Storywalks® in the fall.

For more information on 5210, the StoryWalk, or Coalition for a Healthy Sioux County, please contact Angela Kroeze Visser by calling 712-737-2971 or emailing

Healthy Families Promotes Literacy

Jessica Diaz and Kelly Reyes, bilingual Family Health Advocates with the Healthy Families program are collaborating with Sioux Center Library and the Sack Pack program to offer *Ingles para la escuela* (English for School) a program for Spanish speaking students ages 10-18 who want to learn basic English before starting school in the fall. The program is held on Tuesdays June 2- August 18 at the Sioux Center Library between 1-2 p.m. There is no cost to attend, and Sack Packs are offered to participants. For more information about the Sack Pack program, contact Kelly or Jessica at chp@siouxcountychp.org Contacts for area Sack Packs are also on our Community Resource Guide at www.siouxcountychp.org

For more information about the Healthy Families program, contact Kim Westerholm at kim.westerholm@siouxcountychp.org

Childhood Lead Poisoning Prevention Services

CHP received funding from the Iowa Department of Public Health to continue providing childhood lead poisoning prevention services in our 5 county (Lyon, O'Brien, Osceola, Plymouth, and Sioux) coalition region. Teri Bos, BSN, is the new CHP contact person for all childhood lead-related issues. She will follow up and manage all cases of childhood elevated blood lead (EBL) levels in the 5 counties.

Julia Schroeder will continue in the role of certified lead inspector for the program.

Cultural Responsiveness Workshop

CHP staff members attended a workshop led by Dr. Mark Grey from the University of Northern Iowa on cultural responsiveness and the changing demographic of northwest Iowa and the state. Among the topics Dr. Grey addressed were: health disparities within ethnic minorities, health literacy, responding to the health needs of ever more ethnically and linguistically diverse populations in our communities, and examining our own desire and ability to be culturally responsive.

Prenatal Immunization Teaching

Robin Van Zandbergen, APRN and public health nurse, spoke to a group of expectant parents at a local pre-natal class about the importance of childhood immunizations. She addressed issues of vaccine hesitancy and the long-term health implications of not immunizing children as recommended.

APHA Governing Council

Deb Vander Plas, RN, BSN, Director of Public Health Services, was elected Iowa's Affiliate Representative to the American Public Health Association's (APHA) Governing Council. Deb will represent the Iowa Public Health Association on matters considered by the national APHA governing council.

Community Health Needs Assessment (CHNA)

Assessing community needs is a key part of the work of public health and along with the four hospitals in Sioux County, Community Health Partners has been working to identify health priorities for Sioux County. In April, the network collaborative group; Hawarden Regional Health, Hegg Memorial Health Center Avera, Orange City Area Health System and Sioux Center Health, met to identify the top five priorities which include:

- obesity,
- mental health services,
- translation and interpretation,
- community education and support groups,
- recreation opportunities.

The collaborative group will continue to meet to further define these priorities and develop action plans.

Tobacco

The Northwest Iowa Tobacco-Free Coalition (NWITFC), led by Shay Davis and Teri Bos from CHP, is dedicated to creating and maintaining nicotine-free environments in a five county area. The fiscal year ended with Teri and Shay doing presentations to middle-schools and local chambers of commerce on the dangers of e-cigarettes and the successful marketing strategies used by tobacco companies to initiate e-cigarette use particularly by young people. CHP authored the IDPH grant to receive funding to continue to lead the NWITFC in tobacco prevention services and activities. Priorities for FY 2016 include: educating the community on the dangers of e-cigarettes, promoting nicotine-free environments, connecting people to Quitline services, and the 2 As and an R program (Ask, Advise, Refer).

Latino Health Coalition

The Latino Health Coalition (LHC) sponsored or collaborated on 3 events this quarter. In April the coalition collaborated with the AEA to provide a class on child growth and development and age-appropriate developmental expectations.

The LHC collaborated with the Sioux Center Library on a Dia de Los Niños (Day of the Children) in May. The event featured reading and literacy activities and a professional puppeteer.

In June the LHC sponsored a Caminata por Salud (Walk for Health) in Sioux Center. The group participated in the Storywalks® activities and enjoyed healthy snacks while learning about the 5210 Let's GO message.

For more information on the Latino Health Coalition contact Kelly Reyes at 712-737-2971 or emailing chp@siouxcountychp.org

Immunization Update

CHP has been working with local medical clinics to ensure as many children as possible who qualify have easy access to the Vaccines for Children (VFC) vaccines. The medical clinics in Sioux Center, Hull, and Rock Valley now offer VFC vaccines to children who qualify. The Hawarden Medical Clinic is in the process of establishing a VFC program in their clinic as well. VFC vaccines are also available at Community Health Partners and at Promise Community Health Center in Sioux Center.

The availability of VFC vaccines in the medical clinics has led to CHP changing our community immunization clinic schedule. Please check CHP's website for the details. www.siouxcountychp.org

Healthy Choice/Easy Choice

The Boy Scouts from Troop 215 in Hull not only made a healthy food choice for themselves, they gave others in the community the opportunity to choose to eat healthily. They donate produce harvested from their plot at the Hull Community Garden to the Hull food pantry. Local nurseries in the community supported the boys' efforts by donating plants to the garden project.

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